

EVIDENCE BASED

# Free Parent Program

**Co-Developed with Families for Families**

ENVISAGE is a peer program designed for parents & caregivers raising children aged 0-8 with a disability, developmental concerns, or who are neurodiverse.

The program is designed to help you:


- Feel more **confident and competent** in making decisions for your family
- Discover **practical, evidence-based strategies** to help you better understand and advocate for your child's needs.
- **Connect with others** who may be on similar journeys and share experiences





## How does the program work?

All workshops are **live and interactive**, mixing information sharing with group discussions and activities.


 5 x Weekly Workshop Sessions


 Up to 90 minutes per workshop

 Facilitated by a qualified health professional and a parent peer from **Children's Therapy Services**


 No cost to you. Your child does not need a NDIS plan or diagnosis to participate.


## Upcoming online programs for Geelong families

 Tuesday Weekly Sessions  
29 April - 27 May

 1.00pm - 2.30pm

 [Click here](#) to register

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 Wednesday Weekly Sessions  
21 May - 18 June

 10.00am - 11.30am

 [Click here](#) to register