



# STAYING CONNECTED TO YOUR TEENS

Join Lael Stone for a practical and reassuring session on understanding adolescence and staying connected with your teen through the ups and downs.

This session explores the teenage brain, healthy boundaries and communication strategies that support strong relationships during this important stage.

Regional Parenting, along with Meli invite you to this FREE family forum.

This forum supports our ongoing commitment to strengthening family wellbeing, empowering parents, and building connected communities.



**WEDNESDAY 10 JUNE**

7.00pm–8.30pm

## VENUE

Norlane ARC  
1/9 Cox Rd, Norlane

## BOOKINGS

Scan the QR code  
or visit



[geelong.link/TeenConnection](https://geelong.link/TeenConnection)

This is a FREE event but  
bookings are essential.

# MELI